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## Stupid Marriage Arguments: Stupid is as Stupid Does

Everyone has stupid arguments!

Here's one stupid married couple argument:

A husband was sitting in front of his TV eating from a bag of LAYS potato chips when he pulled from the bag the biggest potato chip you've ever seen in your life.



He starts holding it in the air, waving it around and bragging as if he had made the chip himself.

All is fine until his wife reached over and crunched his potato chip!

He got mad and an argument followed.

Most couples will admit to having dumb arguments.

### Where do stupid marriage arguments come from?

Here are some answers, and you can add your own:

- Telling your partner the right way to do something like how to load the dishwasher correctly.
- Personality issues like bad tempers and stubbornness
- Annoying behaviors like not putting the cap back on the toothpaste tube.
- A question asked like “Is my \_\_\_\_\_ too big?” or “Where do you want to eat?”
- Inconsiderate behaviors like changing one's plans and not letting your partner know
- Fatigue like the [arsenic hour](#) syndrome where arguments can begin just because the couple is tired.

### The Exercise

**Can each of you think of a stupid argument you've heard (maybe you were in it), and then answer the following questions.**

1. What made the argument stupid?

2. Why do you think it became an argument?

3. How could the argument have been avoided?

**Here are more questions you may want to discuss, especially if you tend to argue often:**

- Are there certain conditions and times where we argue the most?
- Are there some “rules” we could establish for when and how we discuss differences?
- Do we believe that all disagreements must be resolved?
- What do we do if there is an *unsolvable problem*?

If you have frequent and intense arguments, that's pretty good indication that you should seek out some professional marriage preparation counseling not only to learn specific communication skills but perhaps also to work through deeper personal issues.

But why not take a fun break. Here's a [video of two children arguing](#).

Do they remind you of anyone!?

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